

SANSKAR PUBLIC SCHOOL, RAIGARH

AFFILIATED TO CBSE NEW DELHI



SUMMER ASSIGNMENT

2025-26

CLASS - VII





Dear Parents and Students,

As we approach the summer holidays, we want to take a moment to remind everyone of the importance of balancing relaxation, fun, and learning during this time. Summer offers a wonderful opportunity to recharge, explore new hobbies, and spend quality time with family and friends.

Here are a few important points to remember during your **summer vacation**:

- **Complete all the holiday activities** as assigned. Make sure to do your best and submit them on time.
- **Original drawings and illustrations**, as well as the **creative use of recycled and reused materials**, are highly appreciated!
- Take time to **help your parents, grandparents, and younger siblings** with their daily chores—it's a great way to bond and learn.
- Enjoy playing **indoor games** like carrom, ludo, and chess to keep your mind active and sharp.
- Watch **animated and educational programs** on TV—but always under the supervision of your parents.
- **Parents are kindly requested to guide the children** in completing their tasks, but please encourage them to do the work independently.

Make the most of your holidays by learning, exploring, and spending quality time with your loved ones. Stay safe and enjoy your break!

Happy Holidays!

WE AIM AT HOLISTIC DEVELOPMENT OF OUR STUDENTS

"Go confidently in the direction of your dreams. Live the life you have imagined."

-: GENERAL INSTRUCTIONS :-

Size of the Sheet: The assignment should be done on A-4 size sheets or chart paper.

Submission Format: Submit separate files for each subject. Each file should be clearly labeled with:

- Name of the student
- Class
- Roll number
- Subject

Assessment Criteria:

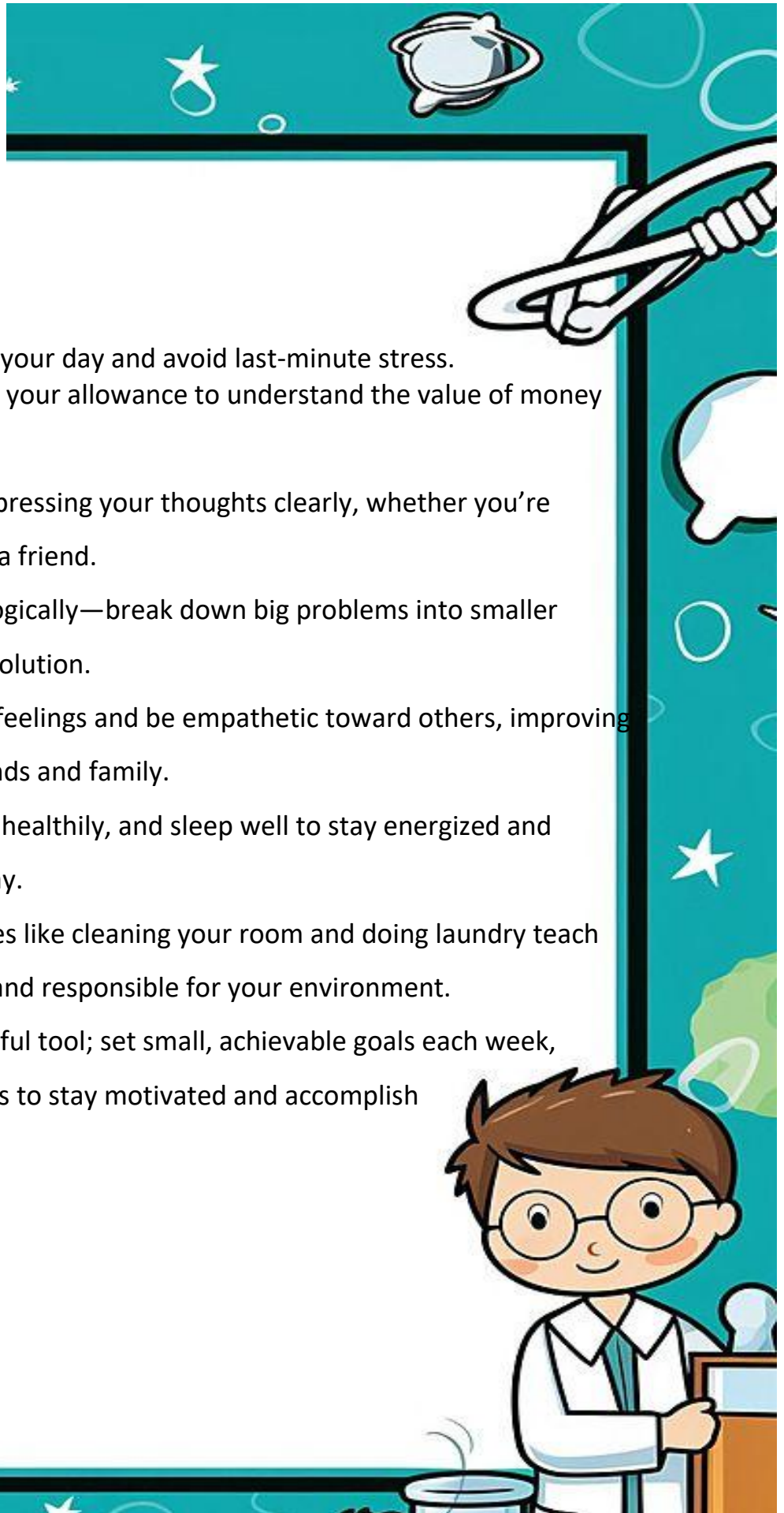
- Neat handwriting
- Presentation
- Creativity
- Timely submission

Marks: The work will be assessed and marks will be included in the scorecard.

Syllabus Revision: Ensure the child revises the syllabus taught in April.

Role of Parents: Parents can assist as facilitators, but the work should be done independently by the child in their own handwriting.

"Small efforts each day lead to big achievements tomorrow."



- ❖ Make plan to organize your day and avoid last-minute stress.
- ❖ Save a small portion of your allowance to understand the value of money and budgeting.
- ❖ Listen carefully and expressing your thoughts clearly, whether you're talking to a teacher or a friend.
- ❖ Approach challenges logically—break down big problems into smaller steps to find the best solution.
- ❖ Understand your own feelings and be empathetic toward others, improving relationships with friends and family.
- ❖ Take time to relax, eat healthily, and sleep well to stay energized and focused during your day.
- ❖ Take the responsibilities like cleaning your room and doing laundry teach you to stay organized and responsible for your environment.
- ❖ Goal setting is a powerful tool; set small, achievable goals each week, and track your progress to stay motivated and accomplish bigger dreams.



English

1. READING & LISTENING SKILLS :- (Subject Enrichment)

Reading practice helps students improve vocabulary, understand grammar better, develop imagination, and become confident in speaking and writing. It also builds focus and boosts academic performance. So you are advised to do the following activities regularly to develop your reading practice

- a) Read any English poetry book, Story book or a novel /comic.
- b) Read the English newspaper daily if available to you.
- c) Listen English news on television daily and write at least two most important news of them daily in your English grammar Note Book.

2. SPEAKING SKILLS :- (Subject Enrichment)

- a) Go through the given link to prepare any one of the ASL activity. Each student will prepare at least one topic and it must be written (about 200-250 words) in the English grammar note book. Students have to perform on same during their ASL activity after their vacation.

<https://leverageedu.com/blog/asl-topics/>

CREATIVE WRITING SKILLS :-

a) "A Letter to My Future Self"

Write a letter to yourself 10 years from now. What are your hopes, dreams, and goals for the future?

b) In your grammar notebook, write a narrative essay on any one of the following topics within 100 words.

An Act of Courage or Heroism

OR

An experience that helped you grow up

ACTIVITY – 1 (Written Assessment (Subject Enrichment))

1. READING COMPREHENSION / UNSEEN PASSAGE :-

Students are advised to go through their English Grammar book, page no. -172 for the Reading Comprehension and do the exercise given in page no. - 173. Work is to be done in book only.

ACTIVITY – 2 Project Based Activity

1. Create your own Newspaper

Make a newspaper consisting of four pages. It should have national and international news, sports news, weather news and a few advertisements. It can be done on any type of paper of your choice. [You have to submit it in a stick file]

2. Explore The Story

Read the story:

a. A Gift of Chappals (NCERT Class-VII Reader Book page no- 18)

Task 1 - Find out the vocabulary e.g. synonyms, antonyms, homophones, homonyms, etc. from the story.

Task 2 - Write their meanings and frame sentences out of them (any five) in your grammar notebook.

3. All About My Dad

Express your love for your father on this "Father's Day" by presenting him a card entitled "The Man Who Makes Me Strong".

ACTIVITY – 3(Subject Enrichment)

[Do the worksheet in your grammar notebook]

WORKSHEET -1 (Change the Tense)

A. Choose the correct tense for the following sentences:

1. Look! We _____ to crash. (go / are going / were going / have gone).
2. I wish I _____ good friends. (have / had / had had).
3. After he _____ his work, he went out for a movie. (had completed / completed / completing).
4. I _____ him for a very long time when we got married. (knew / have known / had known / had been working).

B. Place the verbs into the past tense:

1. The receptionist (welcome) _____ the guests and (ask) _____ them to sanitize their hands first.
2. The motorcycle (breaks), _____ down and they (have) _____ to walk to college.
3. The boys (swim). _____ while the girls (sunbath) _____.
4. My sister (come) _____ in, (look) _____ and (tell) _____ me to help her in cooking.

C. Fill in the blanks with suitable tenses:

1. I _____ you if you tried to disturb me again. (am hitting / will be hitting / will hit)
2. _____ I help you with the housework? (will / would / shall)
3. By next year we _____ in this city for twenty-five years. (have lived / will have lived / will be lived)
4. I _____ at home late tonight. (am / will be / would be)

LEARNING OUTCOMES

Learners will enhance their Reading, Listening, speaking and Creative Writing Skill.

Social Studies

MAP WORK[Subject Enrichment Task]

In two different outline maps of India locate and label the followings.

HISTORY(Paste in your History copy)

- Place where lord Buddha got enlightenment.
- Place where Buddha taught first time.
- Capital city of the Emperor Ashoka.
- Place where Sangam Literature was composed.

GEOGRAPHY(Paste in your Geography copy)

- Himalayan Mountains
- Thar Desert
- Coral Island of India
- Andaman and Nicobar Island
- Western Ghats



2. SURVEY

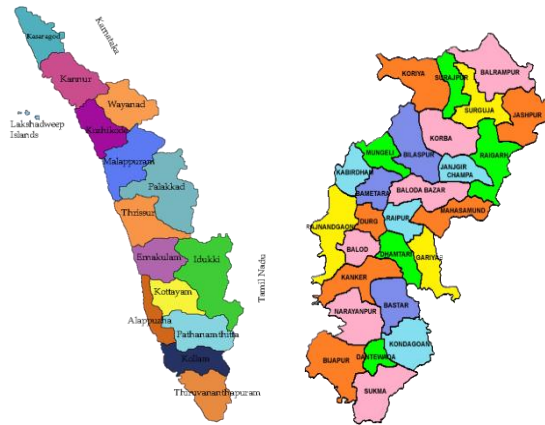
Do a survey of a Hospital in your locality and collect information on the following points. And write the report in your civics Note book)

- Name of the Hospital
- Location / Address
- Type of Hospital (Government / Private / Charitable)
- Year of Establishment
- Number of doctors and nurses
- Special departments available (e.g. Pediatrics, Surgery, Emergency)
- Is there a 24-hour emergency service?
- Does the hospital have an ambulance service?
- How many patients are treated daily (approx.)?
- Are there separate wards for men, women, and children?
- Is there a pharmacy inside the hospital?



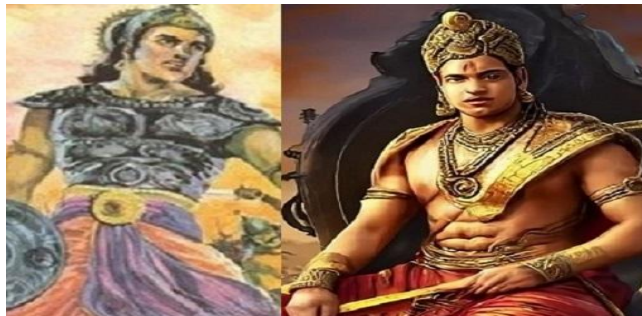
3. Make an assignment on geographical features of Chhattisgarh and Kerala and mention these following points in each pages along with pictures. [EK BHARAT SHRESHT BHARAT] (In stick file)

- Area
- population
- Direction
- Capital
- Chief minister
- High Court
- language
- Traditional Dress
- Major Festivals
- Famous dance Forms
- Traditional Art
- Famous Food
- Nature beauty



4. Make a project on emperor Samudragupta and write the following points. (In Notebook)

- His early life
- His timeline
- His capital
- About his prashasti
- Wars he fought
- His dynasty and ancestors



5. Make an assignment on equality in our Indian society. Equality on the basis of language, religion, caste, region, sex etc. Define the following articles of Right to Equality of the Indian constitution. (In Notebook)

- Article 14
- Article 15
- Article 16
- Article 17
- Article 18



Learning Outcomes –

Students will develop skills and insights for being democratic citizens as well as they will understand their past and present socio-economic, cultural and geographical environments.



ACTIVITY -1: Science Experiment(Do it in Your LAB Manual)

Take two saplings and mark them as “sample a” and “sample B”. Keep sample A in a dark room and keep sample B under sunlight or tube light for 72 hours. Record your experiment and observation in lab manual according to the points mentioned below with proper diagram.



OBJECTIVE:

MATERIALS REQUIRED:

PROCEDURE:

OBSERVATION:

CONCLUSION:

ACTIVITY- 2: Design a Healthy Diet Plan (Do it in your Science Note book)

Discuss with your parents and grandparents, the way to lead a healthy lifestyle. Based on the discussion design a diet plan for the children of your age group with tips and suggestion to lead a healthy life.



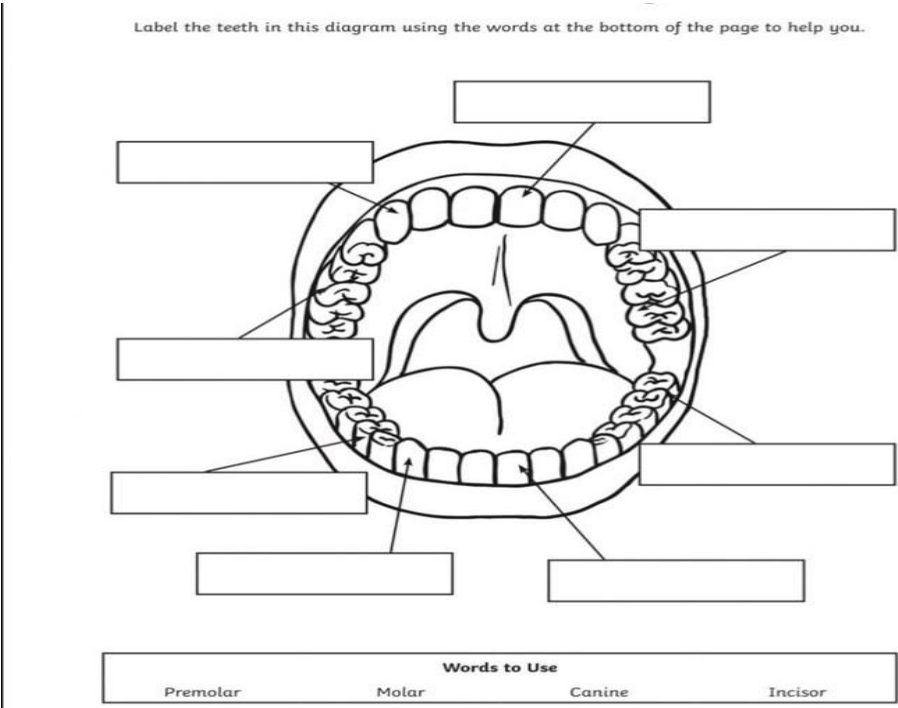
	Breakfast	Lunch	Evening snacks	Dinner
Food items				
Nutrients present				
Quantity				
Kcal				

ACTIVITY - 3: (Subject Enrichment)

(Do it in your Science Note book)

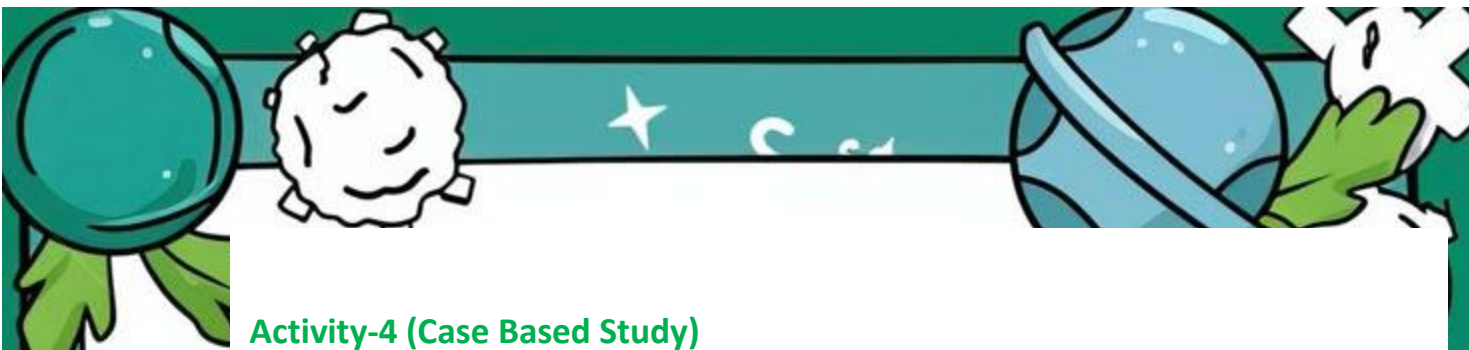
Worksheet- 1

1. Draw the fig. in your science copy and label it.



2. Observe the figure given below of the four different types of teeth in human. Name them:

Teeth				
Name				



Activity-4 (Case Based Study)

(Write the answers in your Science Note book)

I. Read the given paragraph below and answer the following questions
Clean water that is fit for use is unfortunately not available to all. Majority of people have no access to safe drinking water. This accounts for a large number of water-related diseases and even deaths. Sewage is wastewater released by homes, industries, hospitals, offices and other users. Sewage is a complex mixture. Treatment and purification of water are very important as poor sanitation and contaminated drinking water cause a large number of diseases such as cholera, typhoid, polio, meningitis, hepatitis and dysentery. A network of big and small pipes, sewers and sewerage carries sewage from the point of being produced to the point of disposal. Manholes are located in every sewerage.

Q. 1. The increasing scarcity of freshwater due to

- (a) population growth
- (b) pollution
- (c) industrial development
- (d) All of the above

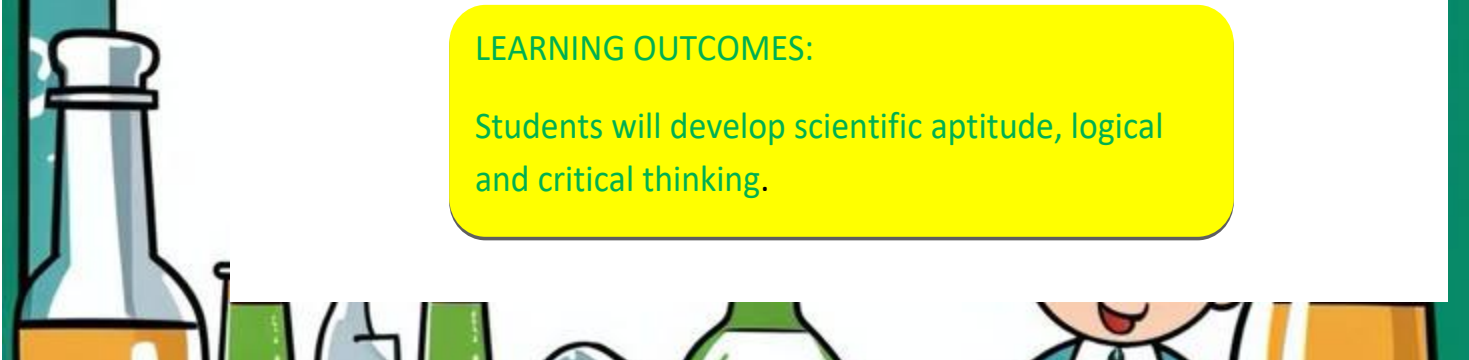
Q. 2. Cholera and Typhoid are caused by _____ and _____ respectively.

- (a) *Corynebacterium cholera*, *Vibrio paratyphi*
- (b) *Vibrio cholera*, *Salmonella paratyphi*
- (c) *Mycobacterium cholera*, *Vibrio paratyphi*
- (d) *Vibrio cholera*, *Bacillus paratyphi*

Q. 3. The point of disposal is called a

- (a) checking plant
- (b) cleaning plant
- (c) treatment plant
- (d) testing plant

Q. 4 Mention few names of water related diseases and also mention the names of the disease causing micro organisms



LEARNING OUTCOMES:

Students will develop scientific aptitude, logical and critical thinking.

MATHEMATICS

ACTIVITY -1 (Subject Enrichment)

Note: Complete the provided worksheet in your mathematics notebook.

- Determine the sum of the four numbers as given below:
 - Successor of 32
 - Predecessor of 49
 - Predecessor of the predecessor of 56
 - Successor of the successor of 67
- In the marriage of her daughter, Radhs spent Rs. 216766 on food and decorations, Rs. 122322 on jewellery, Rs. 88234 on furniture and Rs. 26780 on kitchen items. Find the total amount spent by her on the above items.
- A box contains 5 strips having 12 capsules of 500 mg medicine in each capsule. Find the total weight in grams of medicines in 32 such boxes.
- The length and breadth of a rectangular piece of land are in the ratio 5:2. If the total cost of fencing it at Rs. 12.50 per metre is Rs. 25000, find its dimensions.
- Sunita purchased a radio for Rs. 840 and sold for Rs. 910. Find the gain.
- Kunal bought a stereo for Rs. 45000. He sold it for Rs. 42350. Find his loss.
- Rekha spent $\frac{3}{8}$ of her summer vacation in Delhi, $\frac{1}{16}$ in Mumbai and $\frac{1}{4}$ in Chennai.
What fraction of her summer vacation did he spend in all?
- Simplify: $1\frac{4}{5} + 2\frac{5}{6} + 2\frac{7}{9}$

9. Do as directed:

- (i) _____ is the smallest even composite number.
- (ii) Length of river Narmada is about 1290 km, its length in metre is _____.
- (iii) The multiples of 2 are also called _____ numbers.
- (iv) Write all the factors of 68.
- (v) Find the prime factorization of 980.

10. Find the value of $1020.524 + 548.25 - 4875.125 + 4782 - 0.65$.

ACTIVITY-2 (Test Your Aptitude)

1. Introducing a woman, Sohan said, "She is the mother of the only daughter of my son".

How that woman is related to Sohan?

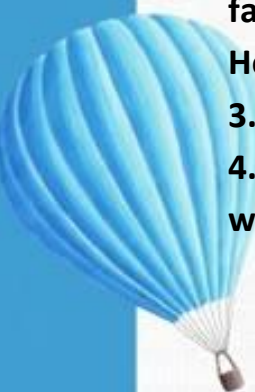
2. Pointing to a person, Sameer said, "His only brother is the father of my daughter's father"

How is the person related to Sameer?

3. Choose the odd one out: Algebra, Geometry, Calculus, Dictionary

4. If + denotes 'divided by', - denotes 'added to', and $\div$ denotes 'multiplied by', then what is the value of the expression

$$24 \div 12 - 18 + 9 = ?$$



5. If the ratio of the ages of two friends is 4:5 and the sum of their ages is 45 years, what is the age of the younger friend?
6. What is the volume of a cube with a side length of 4 cm?
7. If + denotes 'minus', x denotes 'divided by', ÷ denotes 'plus' and – denotes 'multiplied by', then find the value of the expression

$$252 \times 9 - 5 + 32 \div 92 = ?$$

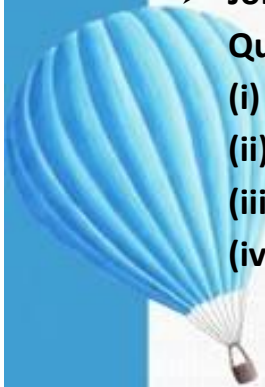
ACTIVITY-3 (Project work (On A4 Sheets) Subject Enrichment)

1. Take a political map of India, draw the following line segments and answer the questions that follows:

- Join Srinagar to Thiruvananthapuram and name it AB
- Join Imphal to Gandhinagar and name it CD.
- Join Itanagar to Shimla and name it EF.
- Join Patna to Chennai and name it GH.

Questions:

- (i) Which is the shortest line segment?
- (ii) Which line segment passes through Arabian Sea?
- (iii) Which line segment passes through a country other than India?
- (iv) Which line segment passes through the maximum states?



2. Make a colourful greeting card of size $15\text{ cm} \times 12\text{ cm}$ on the following topic according to your roll number.

Roll No. 1-15 Properties of Integers

Roll No. 16-30 Different types of fractions

Roll No. 31-45 Vocabulary related to lines and angles

3. Learn and write the multiplication tables upto 25 in Mathematics notebook.

ACTIVITY-4 (Case Based Study)

Class VII students while studying mensuration were given a test of measuring a field using metre tape. The students found out the length of field as 112 m and breadth as 85 m.

(i) Find the area of the field.

(ii) Find the cost of levelling the field at Rs. 2 per square metre.

(iii) Distance travelled to go round the field 3 times is _____.

(iv) What time will a child take if he walks at the rate of 3 m/s (3 rounds)?

Learning Outcomes

Students will develop their ability to solve problems,
Application of Mathematical Knowledge, Analytical Thinking
& Reasoning,

Sanskrit

आवश्यक निर्देश:-

- सभी प्रश्नों के उत्तर सुन्दर लेखन में अपनी संस्कृत कपी में दीजिए।
- पठ् धातु, नम् धातु, गम् धातु (लृटलकार, लटलकार, लङ्ग लकार) धातुरूपों को संस्कृत कॉपी में लिखिए।
 - सर्वनाम शब्द 'एतत्' (पुल्लिङ्ग, स्त्रीलिङ्ग, नपुंसक लिङ्ग - पृष्ठ संख्या-79) याद करके कॉपी में लिखिए।
 - 10-30 तक की संख्याँ कॉपी में लिखिए।
 - प्रथमः पाठः 'सुभाषितानि' से 3 श्लोक और अर्थ कॉपी में लिखकर अनुवाद सहित यादकरें।
 - प्रथमः पाठः 'सुभाषितानि' एवं द्वितीय पाठः 'दुर्बुद्धि विनश्यतिपदे औरफिर शब्दों के अर्थलिखिए।
 - कूर्मः
 - धीवराः
 - काष्ठदण्डम्
 - श्रुत्वा
 - वार्ता
 - जलमन्नम्
 - मूढैः
 - रविः
 - धनधान्य प्रयोगेषु
 - शान्ति खड्गः

LEARNING OUTCOMES

छात्र अपने पढ़ने , लिखने, बोलने, और समझने के कौशल को बढ़ाएंगे

हिंदी

आवश्यक निर्देश:

समस्त लेखन कार्य अपनी हिन्दी व्याकरण कॉपी में सजावट कार्य सहित आकर्षक ढंग से पूर्ण कीजिए।

प्रश्न:1 अपठित गद्यांश

* हिन्दी व्याकरण पुस्तक पृष्ठ क्रमांक 171 (प्रश्न क्रमांक-1) अपठित गद्यांश को ध्यानपूर्वक पढ़कर केवल प्रश्नों के उत्तर साफ अपनी हिन्दी व्याकरण कॉपी में लिखिए। सुंदर अक्षरों में-

प्रश्न :2 सूचना लेखन

* हिन्दी व्याकरण पुस्तक पृष्ठ क्रमांक 180 (प्रश्न क्रमांक -2) की सहायता से सूचना लेखन प्रारूप का विशेष ध्यान देते हुए हिन्दी पखवाड़ा मनाने हेतु आप हिन्दी विभाग अध्यक्ष की ओर से इस दौरान होने वाली गतिविधियां जैसे निबंध लेखन -, भाषण, देशभक्ति गीत आदि की जानकारी देते हुए सूचना लिखिए।

प्रश्न:3 विज्ञापन लेखन

* बढ़ती गर्मी से राहत दिलाते किसी कूलर का उसकी विशेषताओं का वर्णन करते हुए चित्र सहित आकर्षक विज्ञापन अपनी हिन्दी व्याकरण कॉपी में तैयार कीजिए।

प्रश्न :4 पत्र लेखन

* व्यायाम के महत्व को समझाते हुए अपने छोटे भाई अथवा बहन को अनौपचारिक पत्र प्रारूप का विशेष ध्यान देते हुए हिंदी व्याकरण कॉपी में लिखिए।

प्रश्न :5 अनुच्छेद लेखन

शीर्षक "जैसी करनी वैसी भरनी" :

* हिंदी व्याकरण पुस्तक पृष्ठ क्रमांक 176 क्षेत्र की सहायता से अनुच्छेद लेखन जैसी करनी वैसी " लगभग "भरनी 80 से 100 शब्दों में अपनी व्याकरण कॉपी में लिखिए।

LEARNING OUTCOMES

सीखने के परिणाम

छात्र अपने पढ़ने, लिखने, बोलने और समझने के कौशल को बढ़ाएंगे।



Value of Creativity

Be creative with your design – Explore patterns that inspire you!

Mural art is a powerful form of visual storytelling that reflects a community's culture, history, and beliefs. It preserves heritage, beautifies spaces, and often carries social or spiritual messages. In India, traditional murals found in temples and palaces depict mythological and religious themes. Today, murals also raise awareness, promote unity, and engage communities creatively.

Deposit your crafted item at school after vacation.



LEARNING OUTCOMES

By doing this activity learners can

Develop their Artistic Skills, Enhance Focus and Patience, Develop Spatial Awareness, Showcase Creativity and Innovation and Promote Eco-